

Bustin' A Move In The New Year

"Bustin' A Move", Part 5 of 5
Pastor Vince DiPaola

*"You are living a brand new kind of life that is continually learning more and more of what is right, and trying to be more like Christ."
(Colossians 3:10, LB)*

I) WHY BUSTIN' A "NEW YEARS" MOVE IS HARD

- 1st) The change is too RADICAL for you to really handle.
- 2nd) The goal is too UNREACHABLE from where you are today.
- 3rd) The result is too UNDESIRABLE in light of what you want.
- 4th) Your willpower is too VULNERABLE for the long haul.

***The secret to lasting new resolutions:**

Develop new ATTITUDES that accompany your new ACTIONS.

*"No one pours new wine into old wineskins. If he does, the new wine will burst the skins, the wine will run out and the wineskins will be ruined. No, new wine must be poured into new wineskins."
(Luke 5:37-38, NIV)*

"Set your minds on things above, not on earthly things." (Colossians 3:2, NIV)

II) BUSTIN' RESOLUTION MOVES THAT LAST

(from Colossians 3:1-11)

- 1) Determine JUST A FEW RESOLUTIONS of real value.**

*"Since, then, you have been raised with Christ, set your hearts on things above, where Christ is seated at the right hand of God... For you died, and your life is now hidden with Christ in God."
(Colossians 3:1 & 3, NIV)*

- 2) Destroy ANY HARMFUL THOUGHTS that threaten success.**

*"You must put to death, then, the earthly desires at work in you."
(Colossians 3:5, TEV)*

- 3) Diagnose THE NEGATIVE DESIRES that cause setbacks.**

*"At one time you yourselves used to live according to such desires, when your life was dominated by them."
(Colossians 3:7, TEV)*

- 4) Decide FULLY IN ADVANCE that you will never give up.**

***The 2 types of changes all people make:**

LEVEL I: QUICK, quantum-leap change.

"Do not lie to each other, since you have taken off your old self with its practices and put on the new self..." (Colossians 3:9 & 10a, NIV)

LEVEL II: GRADUAL, growing change.

*"You are living a brand new kind of life that is continually learning more and more of what is right, and trying to be more like Christ..."
(Colossians 3:10, LB)*

- 5) Depend ON GOD'S SUPERNATURAL STRENGTH to work in you.**

*"In this new life one's nationality or race or education or social position is unimportant; such things mean nothing. Whether a person has Christ is what matters, and He is equally available to all."
(Colossians 3:11, LB)*

***Today begins a new year.**

Will it bring with it a NEW YOU?